**Table 1. IDD Program update for Countries of Eastern Europe and Central Asia**

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| **Countries** | **IDD committee** | **Legislation** | **Salt reduc-tion strategy** | **Iodized salt production, supply** | **Iodized salt inspections** | **Iodine nutrition status of general population** |
| **ARMENIA** | No | Mandatory USI | No | 90% - local (Avan salt factory), 10% import | Regular: production, import, distribution, households | Optimum,  Median UIC (2017) in SAC - 242 mcg/l; PW – 226 mcg/l |
| **AZERBAIJAN** | No | Mandatory USI | No | Local (Azersun salt factory), import from Belarus, Russia, Iran | Regular: production, import, distribution | Optimum  Median UIC (2008) in SAC – 204 mcg/l; PW – 195 mcg/l |
| **BELARUS** | Yes, active | Mandatory USI (food industry and public catering) | Pending | Mostly local (Belaruskaliy, Mozyrsalt), import from Ukraine, Russia | Regular: production, import, distribution, amount of sales | Optimum  Median UIC (2015) in SAC – 166 mcg/l; PW: urban – 192 mcg/l, rural: 107 mcg/l |
| **GEORGIA** | No | Mandatory USI | No | All salt imported: Ukraine (70%), Greece, Turkey, Azerbaijan | Only import | Optimum,  Median UIC (2017) in SAC - 298 mcg/l, PW – 211 mcg/l |
| **KAZAKHSTAN** | Yes | Mandatory USI | Pending | Mostly local (Araltuz) import from Russia | Regular: production, import, distribution, households | Optimum,  Median UIC (2011) in WRA – 187 mcg/l |
| **KYRGYZSTAN** | Yes, active | Mandatory USI | No | All salt imported (Kazakhstan, Russia, Belarus), some salt locally iodized | Regular: production, import, distribution | Optimum,  Median UIC in SAC (2009) – 114 mcg/l; PW (2016) – 103 mcg/l |
| **RUSSIA** | Yes, active | Voluntary | Pending | Mostly local (4 large producers), import from Belarus, Ukraine | Regular: production, import, distribution | No national UIC data exist. |
| **TAJIKISTAN** | No | Mandatory USI | No | Mostly locally by 3 large/medium and many small producers, some import | Regular: production, distribution; weak enforcement | Mild iodine deficiency,  Median UIC (2009) <100 mcg/l in SAC and PW |
| **TURKMENISTAN** | Yes, Active | Mandatory USI | No | Only local (one large producer) | Regular: production, import, distribution | Optimum  Median UIC (2006) in SAC - 188 mcg/l |
| **UZBEKISTAN** | Yes, dormant | Mandatory USI | Pending | Only local, by many small producers | Regular: production, import, distribution; weak enforcement | Optimum  Median UIC (2016) in SAC > 100 mcg/l |

**Table 2. IDD Program update for Countries of the Central and Southern Europe**

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| **Countries** | **IDD committee** | **Legislation,** | **Salt reduc-tion strategy** | **Iodized salt production, supply** | **Iodized salt inspections** | **Iodine nutrition status** |
| **ALBANIA** | Yes, semi-active | Mandatory USI | Pending | Mostly local (75%), import mainly from Greece | Regular: production, import, distribution | Suboptimum,  Median UIC in SAC (2012) -100 mcg/l. |
| **Federation of Bosnia and Herzegovina (B&H)** | No | Mandatory USI | Yes | Mostly local (“Tuzla” factory) | Regular: production only | Optimum,  Median UIC in SAC (2005) – 157 mcg/l; PW (2008) – 157 mcg/l |
| **Republica Srpska**  **(autonomy within B&H)** | No | Mandatory USI | No | All salt imported, B&H | No | Optimum,  Median UIC in PW (2008) – 160 mcg/l |
| **BULGARIA** | Yes, semi-active | Mandatory USI | Yes | Mostly imported (11% - local production) | Regular: production, import, distribution | Optimum,  Median UIC in SAC (2008) – 182 mcg/l; PW (2012) – 161 mcg/l |
| **KOSOVO** | Yes, semi-active | Mandatory USI | No | All salt imported, B&H | Regular: import, distribution | Optimum,  Median UIC in SAC (2009) – 176 mcg/l; PW – 183 mcg/l |
| **MACEDONIA** | Yes, active | Mandatory USI | Pending | All salt imported, various sources | Regular: import, distribution | Optimum,  Median UIC in SAC (2003) – around 175 mcg/l; |
| **MOLDOVA** | Yes, semi-active | Voluntary | Yes | All salt imported (Belarus, Ukraine, Russia) | Regular: import, distribution | Optimum,  Median UIC (2012) in SAC - 204 µg/L; PW - 173 µg/L |
| **MONTENEGRO** | No | Mandatory USI | Yes | All salt imported, B&H, EU | Regular: import | Optimum,  Median UIC in SAC (2007) – 174 mcg/l; PW – 134 mcg/l |
| **ROMANIA** | Yes, semi-active | Mandatory USI (use in food industry) | Yes | Mostly local (SALROM), some import | Regular: production, import, distribution | Optimum,  Median UIC in SAC (2014) – 203 mcg/l; PW (2016) – 139 mcg/l |
| **SERBIA** | Yes, semi-active | Mandatory USI | No | All salt imported, B&H some salt locally iodized | Regular: production, import, distribution | Optimum,  Median UIC in SAC (2007) – 195 mcg/l; PW – 158 mcg/l |